

Registered charity no: 1105213



Orpheus



Level Up Programme

What is it?



Helping young disabled adults take centre stage



Level Up is a programme designed to support young disabled adults aged 18 to 25 by providing valuable work, shadowing and hands-on experience opportunities within a wide range of creative arts sectors. Working alongside industry mentors, the programme bridges the gap between education and employment - helping participants gain skills, confidence, networks and experiences within the creative industries.

The programme aims to:

- Provide participants with meaningful experience within their chosen creative industry.
- Develop sector-specific skills and knowledge.
- Strengthen essential employability skills.
- Recruit from Orpheus 'Next Stage' learners, offering at least 6 months of alumni support beyond the programme.

Goals/Objectives:

- Encourage young disabled people to pursue meaningful careers in the creative arts.
- Build confidence through practical, hands-on learning experiences.
- Create professional networks and connections within creative industries.

- Equip participants with the necessary employability skills to succeed in the workplace.
- Provide tailored information, advice and guidance on education, training and employment routes.

Level Up will co-create bespoke programme pathways with each participant to reflect their unique interests and needs.

Can you be a guide to help a young disabled adult reach their goals?

Contact:
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Key Features

- **Bespoke Programme Design:** Each programme is tailored to the individual and offers comprehensive IAG services on education, training and work opportunities which support participants in making informed decisions about their career paths.
- **Goal Setting and Sector Identification:** Personalised sessions to help participants define their goals and creative industry sector.
- **Mentorship Programme:** One-to-one support from sector-specific mentors offering practical insight and professional guidance.
- **Work Experience and Shadowing:** Hands-on experience through work or shadowing opportunities within creative companies or organisations.
 - **Developing new areas of expertise:** Encourage participants to learn from others and explore new technologies.
 - **Exploring different roles:** Provide opportunities for participants to explore various roles within their chosen sector helping them to identify their strengths and interests.
- **Employability Skills Development:** Sessions focus on building essential employability skills such as:
 - **CV and Portfolio Building:** Crafting professional CVs and creative portfolios that showcase talent, skills and experience.
 - **Interview Techniques:** Effective interview strategies and practice training to help boost confidence and professional presentation.
 - **Networking skills:** Develop the ability to connect with industry professionals and peers to create valuable networks.
- **Training and Accessibility:** Essential workplace skills, such as communication, teamwork and time management to help manage their work life effectively. All activities and opportunities are accessible and contribute to a more inclusive landscape within the creative sector.
 - **Access Rider:** Support with understanding and creating access riders to ensure workplace adjustments are met.
 - **Travel Training:** Guidance on navigating public transport and travelling independently to and from creative opportunities.
 - **Access to Work:** Signposting participants to government programmes that offer further support.
- **Monitoring and Evaluation:** Programme progress will be regularly reviewed and reported in collaboration with key stakeholders to ensure goals and objectives are met.



The Story so far

Orpheus Alumnus Aiden was the first student to take part in the Level Up Programme as he wants to become a film maker.

He worked with his mentor to create several short films/videos including a video on Safeguarding which Orpheus still uses today as an example of **good safeguarding**.



Orpheus Alumnus Otis worked with his mentor to create his own unique word collision artwork which has gone on to be shared world wide with a showing of **his own exhibit at the Lightbox Gallery** in Woking, UK.

Otis recorded a video asking everyone who recieved his artwork to take a picture of it in a location of their choosing around the world. Places like a bar in **London**, the pyramids at **Giza, Egypt** and even **Antarctica!**





What's Next?

We are delighted to share that the next two students have been selected for the programme.

Meet our fashionista, Lucy.

She describes herself as someone who enjoys paperwork, keeping things tidy, and staying on top of tasks. These strengths link closely to her dream career: working in fashion. Lucy sees fashion as a structured, organised industry where she can use her skills—while continuing to develop areas like timekeeping.



Meet our voice-over wizard Luke.

Luke is currently pursuing his passion for voice acting, with a particular love for animation and a keen interest in how voiceovers are used within the gaming industry. He is working closely with an experienced voice-over artist as his mentor, gaining valuable insight into the industry while developing key skills such as vocal techniques, character development, script interpretation and recording practices. As part of his journey, he is working towards creating his own professional voice showreel, showcasing his range and talent as he prepares to take his first steps into the industry.



The impact

Over the past twenty-eight years, Orpheus has transformed the lives of hundreds of young people and their families, with the majority of leavers moving into independent or supported living. We are rated as “Outstanding” by Ofsted, rated good by CQC and we are a Disability Confident Leader

We believe that **every young disabled person should have the same opportunities as their non-disabled peers.**



Relationships with mentors, donors, supporters, volunteers and corporate partners are vital, creating opportunities for students to reach their full potential.

29%

of Orpheus students go into employment

National average is 5% in the UK

Working with Aiden has changed how I see the industry

Mentor

Funding

Level Up has been completely funded by our generous donors and we cannot continue to run this programme without your help.

If you are interested in supporting these amazing young adults to achieve their goals, **contact our fundraising team: fundraising@orpheus.org.uk**



Would you or someone you know help fund the Level Up programme next year?

Your contribution would help pay for mentors, supplies and the chance to create opportunities.

Seeing the students work on things they love is why we are here

Staff member



Orpheus

We would like to thank No Fear Bridge for their generous donation to the Level Up Programme.

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